



Soup, Salad and Potato Bar Luncheon Options

Soups (Choose 1)

- Chicken and Sausage Gumbo
- Smoked Tomato Bisque with a Mini Grilled Cheese
- Watermelon Gazpacho (seasonal)
- Roasted Tomato Gazpacho
- Firehouse Chili with Cheddar
- Corn Chowder
- Southern Chicken and Vegetable
- Vegetable Beef Stew
- Loaded Baked Potato
- Chicken, Mushroom and Artichoke
- Beef and Barley Stew
- Mexican Chicken Tortilla

Salads (Choose 1)

- Tossed Garden Salad with mandarin oranges, cherry tomatoes, dried cranberries and thinly sliced cucumbers on a bed of romaine lettuce. Served with oven toasted garlic croutons and a red wine herb vinaigrette dressing.
- Classic Caesar Salad with freshly grated parmesan cheese and oven toasted garlic croutons. Served with a creamy Caesar dressing.
- Greek Mixed Green Salad with cucumbers, grape tomatoes, green olives, pepperoncini peppers and feta cheese. Served with oven toasted garlic croutons and a Greek dressing.
- Mixed Green Salad with fresh blueberries, candied walnuts and gorgonzola cheese on a bed of baby spinach and spring mix lettuce. Served with oven toasted garlic croutons and a citrus vinaigrette dressing.
- Strawberries, sugared pecans and caramelized red onions on a bed of Arugula & Bibb lettuce. Served with oven toasted garlic croutons and a poppy seed vinaigrette dressing.
- Mixed Green Salad with cucumbers, grape tomatoes, cran raisins, mandarin oranges and sugared pecans on a bed of baby spinach and spring mix lettuce. Served with oven toasted garlic croutons and a basil and tarragon dressing.
- Crisp Iceberg Wedges with Maytag bleu, crispy onions, and smoked tomatoes. Served with a balsamic reduction dressing.



- Muffuletta Salad with tomato, bell pepper, olives, pepperoni and ham on a bed of mixed greens. Served with a balsamic feta dressing.
- Italian Salad with celery, onion, olives, cherry tomatoes and pepperoncini peppers on a bed of romaine lettuce. Served with oven toasted garlic croutons and an Italian dressing.

Potato Bar

Golden Yukon potatoes and Sweet potatoes whipped to perfection or Golden Baked Potatoes with an assortment of toppings to choose from.

- Toppings (choose 6)
 - Shredded cheddar cheese
 - Chopped apple-wood bacon
 - Roasted vegetables
 - Scallions
 - Sautéed mushrooms
 - Chives
 - Butter and sour cream
 - Broccoli and cheddar cheese sauce
 - Brown sugar
 - Marshmallows
 - Praline sauce
 - Chili
 - Toasted pecans

Dessert

- An assortment of freshly baked cookies and double fudge brownies

Beverage (Choose 1)

- Sweet and Unsweet Tea
- Lemonade

❖ Cost

- \$13.95pp + Tax (9.25%)
- \$30 Delivery Fee

Notes

- Heart and Soul will deliver and setup food in aluminum pans.



- Heart and Soul will provide all foam or paper plates/bowls, cups, napkins, and cutlery. Plastic disposables are available at \$2pp and china/glass rentals can be arranged.
- Client will provide any tablecloths, tables, chairs, floral arrangements, and centerpieces.
- Ice is available at an additional charge.
- Wire racks & sterno available at a separate fee of \$6.00 per set.
- Full service events will incur additional labor fees & 18% Service charge.